

**National Institutes of Health (NIH) Pathways to Prevention Workshop:
Total Worker Health®—What's Work Got to Do With It?
NIH Clinical Center, Masur Auditorium (Building 10)**

DAY 1 – WEDNESDAY, DECEMBER 9, 2015

8:30 A.M. TO 1:30 P.M. EASTERN TIME

- 8:30 a.m. Opening Remarks**
- 8:40 a.m. Charge to the Panel**
- 8:50 a.m. Workshop Overview and Panel Activities**
- 9:00 a.m. A Brief Introduction to Total Worker Health**
- 9:20 a.m. Boilermaker Total Health**
- 9:40 a.m. Key Question 1: What Studies Exist Assessing Integrated Interventions?**
- Evidence-based Practice Center Presentation I: Characteristics of Studies Evaluating Integrated Interventions
 - Effectiveness of Total Worker Health Interventions
 - Integrating Health and Safety: The Next Generation
- 10:40 a.m. Discussion**
- 11:15 a.m. Lunch**
- 12:10 p.m. Key Question 2: What Are the Known Benefits and Harms of Integrated Interventions?**
- Evidence-based Practice Center Presentation II: Effectiveness and Harms of Integrated Interventions
 - Assessment of the Impact of Workplace Health Programs on Health and Working Life
 - Work and Health: Evidence on the Pathways to Implementing Total Worker Health
 - How Are Costs and Benefits Affected by Program Process and Workplace Characteristics?
- 1:30 p.m. Next Steps and Adjourn**

DAY 2 – THURSDAY, DECEMBER 10, 2015

8:30 A.M. TO 3:40 P.M. EASTERN TIME

- 8:30 a.m. Key Question 2 (continued): What Are the Known Benefits and Harms of Integrated Interventions?**
- Recap of Key Question 2 Presentations
 - Employer Outcomes of Total Worker Health Initiatives
- 9:00 a.m. Discussion**
- 9:40 a.m. Key Question 3: What Are the Characteristics of Effective Integrated/Combined Interventions and Programs?**
- Evidence-based Practice Center Presentation III: What Are the Characteristics of Effective Integrated Interventions?
 - Program Feasibility, Scalability/Translation, and Dissemination
 - Innovations in Total Worker Health I: Interventions To Promote Well-Being in Small Businesses
 - Innovations in Total Worker Health II: Opportunities To Improve Employee Engagement
- 11:00 a.m. Discussion**
- 11:40 p.m. Lunch**
- 12:20 p.m. Key Question 4: What Factors Influence the Effectiveness of Integrated Interventions?**
- Work Organization and Psychosocial Factors of the Workplace Environment: Interventions in Terms of Psychosocial Factors
 - Total Worker Health Challenges Associated With a Changing Workforce: Reaching Low-Wage, Immigrant, and Contingent and Temporary Workers
 - Conducting Research Intervention Studies in a Labor–Management Environment
 - How the Policy Environment Affects Total Worker Health
- 1:40 p.m. Discussion**
- 2:20 p.m. Roundtable Discussion on Health in the Real World**
- 3:20 p.m. Workshop Closing**
- 3:30 p.m. Workshop Wrap-Up, Next Steps, Adjourn**