

### Suggested Activity: Part 1

Reading Olson R, Wipfli B, Thompson SV, Elliot DL, Anger WK, Bodner T, Hammer LB, Perrin NA. Weight Control Intervention for Truck Drivers: The SHIFT Randomized Controlled Trial, United States. American Journal of Public Health. 2016:e1-e9.

#### Questions

1. What was the primary research question of this trial?
2. What was the primary endpoint? How was it measured?
3. What was the target population for the trial?
4. What were the units of assignment in this trial?
5. How were the units of assignment recruited and randomized?
6. How many units of assignment were randomized to each condition?
7. What were the units of observation in this trial?
8. How were the units of observation recruited?
9. What were the eligibility criteria?
10. How many units of observation were measured in each unit of assignment?