Pragmatic and Group-Randomized Trials in Public Health and Medicine Website: https://prevention.nih.gov/grt

NIH Office of Disease Prevention e-mail: GRT@mail.nih.gov

Suggested Activity: Part 1

Reading

Olson R, Wipfli B, Thompson SV, Elliot DL, Anger WK, Bodner T, Hammer LB, Perrin NA. Weight Control Intervention for Truck Drivers: The SHIFT Randomized Controlled Trial, United States. <u>American Journal of Public Health</u>. 2016:e1-e9.

Questions

- 1. What was the primary research question of this trial?
- 2. What was the primary endpoint? How was it measured?
- 3. What was the target population for the trial?
- 4. What were the units of assignment in this trial?
- 5. How were the units of assignment recruited and randomized?
- 6. How many units of assignment were randomized to each condition?
- 7. What were the units of observation in this trial?
- 8. How were the units of observation recruited?
- 9. What were the eligibility criteria?
- 10. How many units of observation were measured in each unit of assignment?