National Institutes of Health (NIH) Pathways to Prevention Workshop:
Total Worker Health®—What’s Work Got to Do With It?
NIH Clinical Center, Masur Auditorium (Building 10)

**DAY 1 – WEDNESDAY, DECEMBER 9, 2015**

8:30 a.m. Opening Remarks
8:40 a.m. Charge to the Panel
8:50 a.m. Workshop Overview and Panel Activities
9:00 a.m. A Brief Introduction to Total Worker Health
9:20 a.m. Boilermaker Total Health
9:40 a.m. Key Question 1: What Studies Exist Assessing Integrated Interventions?
   • Evidence-based Practice Center Presentation I: Characteristics of Studies Evaluating Integrated Interventions
   • Effectiveness of Total Worker Health Interventions
   • Integrating Health and Safety: The Next Generation
10:40 a.m. Discussion
11:15 a.m. Lunch
12:10 p.m. Key Question 2: What Are the Known Benefits and Harms of Integrated Interventions?
   • Evidence-based Practice Center Presentation II: Effectiveness and Harms of Integrated Interventions
   • Assessment of the Impact of Workplace Health Programs on Health and Working Life
   • Work and Health: Evidence on the Pathways to Implementing Total Worker Health
   • How Are Costs and Benefits Affected by Program Process and Workplace Characteristics?
1:30 p.m. Next Steps and Adjourn

**DAY 2 – THURSDAY, DECEMBER 10, 2015**

8:30 a.m. Key Question 2 (continued): What Are the Known Benefits and Harms of Integrated Interventions?
   • Recap of Key Question 2 Presentations
   • Employer Outcomes of Total Worker Health Initiatives
9:00 a.m. Discussion
9:40 a.m. Key Question 3: What Are the Characteristics of Effective Integrated/Combined Interventions and Programs?
   • Evidence-based Practice Center Presentation III: What Are the Characteristics of Effective Integrated Interventions?
   • Program Feasibility, Scalability/Translation, and Dissemination
   • Innovations in Total Worker Health I: Interventions To Promote Well-Being in Small Businesses
   • Innovations in Total Worker Health II: Opportunities To Improve Employee Engagement
11:00 a.m. Discussion
11:40 a.m. Lunch
12:20 p.m. Key Question 4: What Factors Influence the Effectiveness of Integrated Interventions?
   • Work Organization and Psychosocial Factors of the Workplace Environment: Interventions in Terms of Psychosocial Factors
   • Total Worker Health Challenges Associated With a Changing Workforce: Reaching Low-Wage, Immigrant, and Contingent and Temporary Workers
   • Conducting Research Intervention Studies in a Labor–Management Environment
   • How the Policy Environment Affects Total Worker Health
1:40 p.m. Discussion
2:20 p.m. Roundtable Discussion on Health in the Real World
3:20 p.m. Workshop Closing
3:30 p.m. Workshop Wrap-Up, Next Steps, Adjourn